

**Learning Objective:** To identify positive qualities of role models

**Skill:** Self-awareness

Ask, "What is a 'role model'?" Brainstorm ideas and write them on the blackboard or a large sheet of paper.

Tell the group:

*Role models are people you really admire. You may like their values, the way they live their lives, and the things that are important to them. You may look up to them. You may even want to be just like them.*

*Most people's role models are famous people—celebrities, sports stars, politicians, and so on. In this activity, try to think of someone you know personally who is really terrific. It could be a parent, teacher, or friend. It might be someone you know casually whom you think is really cool.*

Ask for volunteers to talk about their role models. Encourage them by asking these questions:

- What has that person done to become your role model?
- Does your role model help others? How?
- What's the most important quality a role model should have?
- What could you do to be like your role model?