

Learning Objective: To understand the importance of appreciating something about another person; to make another person feel good about himself

Skill: Making friends

Say:

When you give someone a compliment, you are saying something nice that makes him feel good. You can compliment something about the way he looks, something he has done well, something nice he's done for someone, something he owns, or something about one of his qualities, for example, that he's nice, strong, funny, etc.

Then divide the group into groups of four. One person should:

- Look at any of the other three people, and use his or her name.
- Choose something that is appropriate to compliment.
- Using a sincere tone of voice, give the compliment (e.g., "I really like your shoes" or "You gave a great answer to the teacher's question.")

The person who has been complimented should say, "Thank you," and the person giving the compliment should respond, "You're welcome."

The person who has been complimented then chooses another person to compliment. Continue the activity until everyone has given and received a compliment.

When this activity is completed, ask the children to talk about the best compliment that they ever received. Why did they choose that compliment?