

Lesson 2 Breaking Down Stereotypes

Purpose: To develop positive images of people with disabilities.

Objectives:

Students will be able to:

- Openly share their current perspective on people with disabilities in a safe environment.
- Observe a person with a disability and describe how their stereotypes do or do not fit the person.
- Reflect on how their perception of people with disabilities has or has not changed from watching the video.

Materials Needed:

- Cerebral Palsy Definition Sheet
- Audiovisual equipment (i.e. television and DVD player, computer w/ projector)
- Brian Kajiyama video clip
- “Who is This Guy?” Worksheet (**Be sure to have students use their previous ID number for all worksheets today**)
- Brian Kajiyama Worksheet

Background (10 minutes):

1. Share with students that today we will be watching a video of a person with Cerebral Palsy (C.P.).
2. Put definition of Cerebral Palsy on the board.
3. Pass out “Who is This Guy?” Worksheet.
4. Have students answer questions in the “Before you watch” section.

Activities (10 minutes):

1. Watch video clip.
2. After viewing the video pass out Brian Kajiyama Worksheet.
3. Have students answer the “After you watch” section.
4. Talk as a class about the new answers.

Reflection (10 minutes)

Have students write about and/or discuss the following reflection questions as a class:

1. Did your answers to the questions change after you watched the movie? If so, how?
2. What kinds of lives do people with disabilities lead?
3. What have you learned about Brian that affected your view of people with disabilities?

Lesson 2 Additional Resources

1. If you are interesting in seeing more videos of Brian Kajiya, please refer to the following resources that can be found on You Tube:
 - a. **Seeing Beyond Images: A Prelude:** http://www.youtube.com/watch?v=CI-G_PxWD6g In this video poetry piece, Kajiya asks for people to look beyond the image of his disability and begin to see him for who he really is.
 - b. **Who I Am:** <http://www.youtube.com/watch?v=gxAv4jr6jGM&feature=related> Another video poetry piece created to complement “Seeing Beyond Images: A Prelude”. This video emphasizes who Brian Kajiya is beyond a person with a disability.
 - c. **Who Are You?** <http://www.youtube.com/watch?v=PxKeKSee918> Another video poetry piece where Kajiya puts a “twist” at the end.
 - d. **Heart of a Warrior (ESPN 2008):** <http://www.youtube.com/watch?v=LjvPk-lqbG0> A feature story on ESPN on Kajiya as a Hawai‘i football fan and coach.

2. This is the story of Patrick Nicholson, a young man with Down syndrome, who helps coach football at his high school. This is another inspirational video to break down stereotypes of disabilities. <http://www.cbsnews.com/video/watch/?id=4546483n>

CEREBRAL PALSY (CP):

A disability caused by damage to the brain that affects body movement and muscle coordination.

This could mean people with CP have difficulty controlling their muscles (such as having a hard time sitting up straight) or their muscles are too tight (such as having legs that are very stiff).

ID number: _____
 Date: _____
 Period: _____
 School: _____

WHO IS THIS GUY?



Before you watch the movie:

Answer the following questions about the person you see in the picture.

1. **Circle the phrase you think would best describe the person in the picture:**
 - a. Fast learner OR slower learner
 - b. Many friends OR few friends
 - c. College student OR attends special school
 - d. Enjoys sports OR enjoys watching TV.

2. **Do you think he has a job? Yes / No**

3. **If Yes, where do you think he works?**

4. **What do you think he does in his free time?**

5. **Think of one word that best describes him.**

ID number: _____
Date: _____
Period: _____
School: _____

BRIAN KAJIYAMA



After you watch the movie:

Answer the following questions about Brian Kajiya.

1. Circle the phrase you think would best describe Brian:

- a. Fast learner OR slower learner
- b. Many friends OR few friends
- c. College student OR attends special school
- d. Enjoys sports OR enjoys watching TV.

2. Does Brian have a job? Yes / No

3. If Yes, where does Brian work?

4. What does Brian do in his free time?

5. Think of one word that best describes him.
